

Personality Test

Taken from Florence Littauer's Personality Plus: How to Understand Others by Understanding Yourself

Directions - In each of the following rows of four words across, place an **X** in front of the one word that most often applies to you. Continue through all forty lines; be sure each number is marked. If you are not sure which word "most applies," ask a spouse or a friend, and think of what your answer would have been when you were a child.

Strengths

- | | | | | |
|----|-------------------|----------------------|------------------|-------------------|
| 1 | ___ Adventurous | ___ Adaptable | ___ Animated | ___ Analytical |
| 2 | ___ Persistent | ___ Playful | ___ Persuasive | ___ Peaceful |
| 3 | ___ Submissive | ___ Self-sacrificing | ___ Sociable | ___ Strong-willed |
| 4 | ___ Considerate | ___ Controlled | ___ Competitive | ___ Convincing |
| 5 | ___ Refreshing | ___ Respectful | ___ Reserved | ___ Resourceful |
| 6 | ___ Satisfied | ___ Sensitive | ___ Self-reliant | ___ Spirited |
| 7 | ___ Planner | ___ Patient | ___ Positive | ___ Promoter |
| 8 | ___ Sure | ___ Spontaneous | ___ Scheduled | ___ Shy |
| 9 | ___ Orderly | ___ Obliging | ___ Outspoken | ___ Optimistic |
| 10 | ___ Friendly | ___ Faithful | ___ Funny | ___ Forceful |
| 11 | ___ Daring | ___ Delightful | ___ Diplomatic | ___ Detailed |
| 12 | ___ Cheerful | ___ Consistent | ___ Cultured | ___ Confident |
| 13 | ___ Idealistic | ___ Independent | ___ Inoffensive | ___ Inspiring |
| 14 | ___ Demonstrative | ___ Decisive | ___ Dry Humor | ___ Deep |
| 15 | ___ Mediator | ___ Musical | ___ Mover | ___ Mixes easily |
| 16 | ___ Thoughtful | ___ Tenacious | ___ Talker | ___ Tolerant |
| 17 | ___ Listener | ___ Loyal | ___ Leader | ___ Lively |
| 18 | ___ Contented | ___ Chief | ___ Chartmaker | ___ Cute |
| 19 | ___ Perfectionist | ___ Pleasant | ___ Productive | ___ Popular |
| 20 | ___ Bouncy | ___ Bold | ___ Behaved | ___ Balanced |

Weaknesses

- 21 ___ Blank ___ Bashful ___ Brassy ___ Bossy
- 22 ___ Undisciplined ___ Unsympathetic ___ Unenthusiastic ___ Unforgiving
- 23 ___ reticent ___ Resentful ___ Resistant ___ Repetitious
- 24 ___ Fussy ___ Fearful ___ Forgetful ___ Frank
- 25 ___ Impatient ___ Insecure ___ Indecisive ___ Interrupts
- 26 ___ Unpopular ___ Uninvolved ___ Unpredictable ___ Unaffectionate
- 27 ___ Headstrong ___ Haphazard ___ Hard to Please ___ Hesitant
- 28 ___ Plain ___ Pessimistic ___ Proud ___ Permissive
- 29 ___ Angered easily ___ Aimless ___ Argumentative ___ Alienated
- 30 ___ Naive ___ Negative attitude ___ Nervy ___ Nonchalant
- 31 ___ Worrier ___ Withdrawn ___ Workaholic ___ Wants credit
- 32 ___ Too sensitive ___ Tactless ___ Timid ___ Talkative
- 33 ___ Doubtful ___ Disorganized ___ Domineering ___ Depressed
- 34 ___ Inconsistent ___ Introvert ___ Intolerant ___ Indifferent
- 35 ___ Messy ___ Moody ___ Mumbles ___ Manipulative
- 36 ___ Slow ___ Stubborn ___ Show-off ___ Skeptical
- 37 ___ Loner ___ Lord over others ___ Lazy ___ Loud
- 38 ___ Sluggish ___ Suspicious ___ Short-tempered ___ Scatterbrained
- 39 ___ Revengeful ___ Restless ___ Reluctant ___ Rash
- 40 ___ Compromising ___ Critical ___ Crafty ___ Changeable

Personality Scoring Sheet

Now transfer all your **X's** to the corresponding words on the Personality Scoring Sheet and add up your totals. For example, if you checked Animated on the profile, check it on the scoring sheet. (Note: The words are in a different order on the profile and the scoring sheet.)

Strengths

Popular Sanguine	Powerful Choleric	Perfect Melancholy	Peaceful Phlegmatic
1 ___ Animated	___ Adventurous	___ Analytical	___ Adaptable
2 ___ Playful	___ Persuasive	___ Persistent	___ Peaceful
3 ___ Sociable	___ Self-Strong-willed	___ Self-sacrificing	___ Submissive
4 ___ Convincing	___ Competitive	___ Considerate	___ Controlled
5 ___ Refreshing	___ Resourceful	___ Respectful	___ Reserved
6 ___ Spirited	___ Self-reliant	___ Sensitive	___ Satisfied
7 ___ Promoter	___ Positive	___ Planner	___ Patient
8 ___ Spontaneous	___ Sure	___ Scheduled	___ Shy
9 ___ Optimistic	___ Outspoken	___ Orderly	___ Obliging
10 ___ Funny	___ Forceful	___ Faithful	___ Friendly
11 ___ Delightful	___ Daring	___ Detailed	___ Diplomatic
12 ___ Cheerful	___ Confident	___ Cultured	___ Consistent
13 ___ Inspiring	___ Independent	___ Idealistic	___ Inoffensive
14 ___ Demonstrative	___ Decisive	___ Deep	___ Dry Humor
15 ___ Mixes easily	___ Mover	___ Musical	___ Mediator
16 ___ Talker	___ Tenacious	___ Thoughtful	___ Tolerant
17 ___ Lively	___ Leader	___ Loyal	___ Listener
18 ___ Cute	___ Chief	___ Chartmaker	___ Contented
19 ___ Popular	___ Productive	___ Perfectionist	___ Pleasant
20 ___ Bouncy	___ Bold	___ Behaved	___ Balanced

Totals-Strengths

Weaknesses

Popular Sanguine	Powerful Choleric	Perfect Melancholy	Peaceful Phlegmatic
21___Brassy	___Bossy	___Bashful	___Blank
22___Undisciplined	___Unsympathetic	___Unforgiving	___Unenthusiastic
23___Repetitious	___Resistant	___Resentful	___Reticent
24___Forgetful	___Frank	___Fussy	___Fearful
25___Interrupts	___Impatient	___Insecure	___Indecisive
26___Unpredictable	___Unaffectionate	___Unpopular	___Uninvolved
27___Haphazard	___Headstrong	___Hard to Please	___Hesitant
28___Permissive	___Proud	___Pessimistic	___Plain
29___Angered easily	___Argumentative	___Alienated	___Aimless
30___Naive	___Nervy	___Negative Attitude	___Nonchalant
31___Wants credit	___Workaholic	___Withdrawn	___Worrier
32___Talkative	___Tactless	___Too sensitive	___Timid
33___Disorganized	___Domineering	___Depressed	___Doubtful
34___Inconsistent	___Intolerant	___Introvert	___Indifferent
35___Messy	___Manipulative	___Moody	___Mumbles
36___Show-off	___Stubborn	___Skeptical	___Slow
37___Loud	___Lord over others	___Loner	___Lazy
38___Scatterbrained	___Short-tempered	___Suspicious	___Sluggish
39___Restless	___Rash	___Revengeful	___Reluctant
40___Changeable	___Crafty	___Critical	___Compromising

Totals-Weaknesses

Combined Totals

This test is very easy to interpret. Once you've transferred your answers to the scoring sheet, added up your total number of answers in each of the four columns, and added your totals from both the strengths and weaknesses sections, you'll know your dominant personality type (and least dominant type). You'll also know what combination you are.